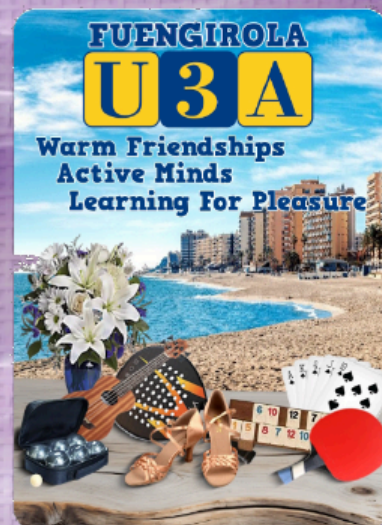




U3A 2025 – 2026 WELCOME!

Welcome back to another exciting year of activities. This newsletter contains a few highlights for you to be aware of so that you can get the most out of your membership.



REGISTRATION DAY

Our registration and enrolment day is on Thursday 11 September between 10:30 and 12.00am at FOGO Restaurant. Please bring cash, €20, and a completed application form if possible. (No card payments).





WEBSITE

Our U3A website can be found by searching for “U3A Fuengirola” or using this QR Code. It provides a great deal of info for you. Stay informed!



SCOTTISH DANCING

We are starting on September 17th 6-8pm we have no restrictions on numbers but do have a minimum number of 6 people. We look forward to teaching and dancing. Patricia peamclaren@hotmail.com





HEALING TALKS



Local therapists have offered to give talks to support our health and healing. Topics include: Colonic Irrigation, Stem Cell Therapy, Healing with the Voice, Emotional Feedback Loops. See the Events website page for details.

**These events are organised by:
Wendy Lowe wendyglowe@hotmail.com**



GARDEN LOVERS DISCOVERERS



First event: Saturday 25th October, Málaga Garden Treasures.

We meet in Los Boliches 9.30am train to Málaga Central. We walk through the Málaga Park and find “Garden Treasures” such as fountains, statue's, rare trees, sculptures, mosaics, old tile pictures and famous people in teams by following clues. After that we go for some vino in the Bodega de Málaga and lunch.

John & Gill islesjohngill@icloud.com



U3A FUN QUIZ



Our Quiz returns on September Monday 29th at restaurant La Chispa in Fuengirola at 6.15 for a prompt 6.30 pm start (just behind the Feria ground). The staff make us very welcome, they offer table service for both food and drinks. We look forward to seeing both new and existing members for a FUN night out. We expect our first quiz to be very well attended and as before we are limited to 10 tables of 4 so remember, once you are a member and have enrolled for the quiz, look out for our email to sign up, first come first served.

Regards Lesley and Graham gedgeu3a@gmail.com



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