

Who We Are

U3A Fuengirola is an autonomous non-profit association run by its members for the benefit of its membership. The Group Leaders, Committee and helpers are all unpaid. It is non-religious and non-political; membership of the association is open to all English-speaking adults of any nationality. Its purpose is to offer the opportunity to learn in a broad range of fields and activities, to have fun, and to meet like-minded people.

The activities are run by Group Leaders, who give their time and share their knowledge in their chosen field.

Available activities are listed overleaf, and more information can be found on our website. (See QR code or visit the website address below.) It is advisable to check the website for any changes of time and venue, and to contact the Group Leader in advance, if planning to join a group for the first time. Information is also available on Facebook.

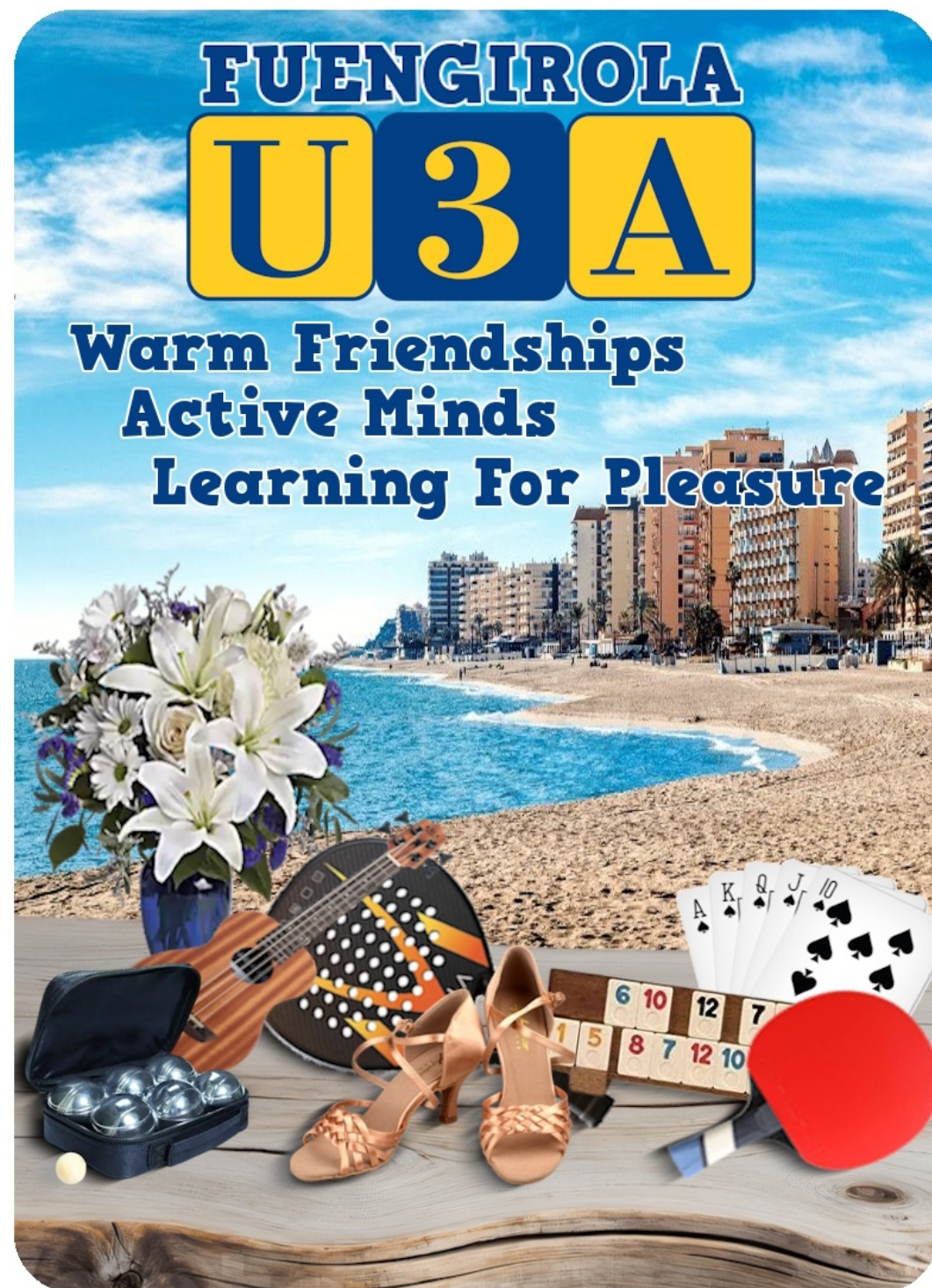
Join our family either by contacting our Membership Secretary, Julia Kinane, on juliau3a@yahoo.com or WhatsApp +34 603 39 17 25 to arrange to meet her and join or alternatively, contact a Group Leader. Membership Application Forms are available on our website.

Subscription fee: €20 (Cash only)

Term 1: Monday 15th September to Friday 12th December 2025

Term 2: Monday 12th January to Friday 15th May 2026

Website: u3acostadelsol.wixsite.com/fuengirola
Facebook: U3A Costa del Sol



Activity	Day	Time	Frequency	Group Leader	Phone	email	Venue
Backgammon	Mon	11:00 - 13:00	Weekly	Carmen Chapman	631 809 036	carmenmeranda@hotmail.com	Gelato & Mare Bar. Paseo Marítimo 88.
Bolivia Canasta	Tue	13:30 - 16:30	Weekly				
Bolivia Canasta Training	Sat	11:00 - 13:00	Weekly				
Cards Night	Fri	16:30 - 18:30	Weekly	Danny Morris	711 002 641	dannymorris@iol.ie	
Coffee Morning & Book Swapping	Sun	11:30 - 13:00	Weekly	Pauline Tyndale Biscoe	694 437 209	paulinetbu3a@gmail.com	The Bistro (attached to PYR Hotel)
Craft Circle	Tue	14:00 - 16:00	Weekly	Diana Reed	660 352 164	u3acraftcircle@gmail.com	Stones Café Bar. Calle Benavente 3.
Cribbage 1	Mon	11:00 - 13:00	Weekly	Danny Morris	711 002 641	dannymorris@iol.ie	Gelato & Mare Bar. Paseo Marítimo 88.
Cribbage 2	Fri	14:00 - 16:00	Weekly				
Dancing	Tue	17:30 - 18:45	Weekly	Wendy & David Lowe	603 378 865	wendyglowe@hotmail.com	Hotel Leonardo. Calle de Hernán Cortés 5.
Discussion Group	Mon	11:30 - 13:00	Monthly	Bob Arlan	655 914 921	robert.arlan123@gmail.com	Bougainvillea Centre. Calle Pulpo.
Flower Arranging	Wed	11:00 - 12:30	Weekly	Tony Bullion	622 435 175	tony_bullion@hotmail.com	Stones Café Bar. Calle Benavente 3.
Foodies Group	Mon or Tue	Evening	Monthly	Mary Rogers	680 463 243	u3arummikub@gmail.com	[Various Restaurants, Fuengirola Area]
Garden Lovers Discoverers	TBA	Daytime	Monthly	John Isles	607 567 247	islesjohn@icloud.com	Gardens in Andalucía
Guided Meditation (Zoom Link)	Wed	13:00 - 13:45	Weekly	Dawn Campbell	(use email)	dawn@holistichealthcoach.eu	[Internet Zoom Link]
Six Strings or Less: Guitar & Ukulele Workshop	Fri	14:00 - 16:00	Weekly	Anthony Vent	601 508 493	anthony_vent@protonmail.com	Bougainvillea Centre. Calle Pulpo.
Jigsaw Swapping	1st Monday	From 11:00	Monthly	Vivienne Mallinder	602 352 224	viviennemallinder@hotmail.com	Centro Comercial Miramar Car Park
Ladies Who Lunch	TBA	Lunchtime	Monthly	Sue Pithouse	631 768 660	suepithouse43@googlemail.com	[Various Restaurants, Fuengirola Area]
Natural Healing	Thu	10:30 - 12:00	Fortnightly	Wendy Lowe	603 378 865	wendyglowe@hotmail.com	Age Care Association. Calle de Oviedo 7.
Padel 1	Mon	10:30 - 12:00	Weekly	Brian Short	634 362 510	brian.e.short@btinternet.com	Padel Club Los Boliches. Paseo Marítimo 92
Padel 2	Wed	10:30 - 12:00	Weekly				
Padel 3	Fri	10:30 - 12:00	Weekly				
Petanca	Fri	14:00 to finish	Weekly	Bernie Lipson	657 810 068	berniejacky7@gmail.com	Pista de Petanca
Pilates For Fun	Fri	10:00 - 11:00	Weekly	Mike Griffiths	671 899 138	mickythegriff29@gmail.com	Bougainvillea Centre. Calle Pulpo.
Quiz Night	Last Monday	18:15 to finish	Monthly	Graham & Lesley Edge	690 256 408	gedgeu3a@gmail.com	La Chispa Bar. Calle Jose Cuberos Yiyo.
Reiki Training	Fri	11:30 - 13:00	Weekly	Wendy Lowe	603 378 865	wendyglowe@hotmail.com	Bougainvillea Centre. Calle Pulpo.
Rummikub	Wed	14:00 - 16:30	Weekly	Mary Rogers	680 463 243	u3arummikub@gmail.com	Gelato & Mare Bar. Paseo Marítimo 88.
Scottish Country Dancing	Wed	18:00 - 20:00	Weekly	Patricia McLaren	722 325 100	peamclaren@hotmail.com	Hotel Leonardo. Calle de Hernán Cortés 5.
Sevillanas (Spanish Dance)	Tue	18:45 - 19:30	Weekly	Susana Sedeño Ramirez	688 911 819	ssusany@hotmail.com	
Spanish Conversation - Beginners	Wed	10:30 - 12:00	Weekly	David Lowe	603 378 847	david.lowe@hotmail.co.uk	
Spanish Conversation - Intermediate & Advanced	Wed	10:30 - 12:00	Weekly	Wendy Lowe	603 378 865	wendyglowe@hotmail.com	
Spanish for Beginners (Year 1) - A1	Fri	10:00 - 11:00	Weekly	Patrick Kersschot	619 551 703	kersschot.patrick@gmail.com	Family Bar, Fuengirola Port
Spanish (Year 2) - A2	Fri	11:05 - 12:05	Weekly				
Spanish (Year 3) - B3	Fri	12:10 - 13:10	Weekly				
Spanish (Year 4) - B2	Wed	10:45 - 11:45	Weekly				Ilunion Hotel. Paseo Marítimo 87.
Table Tennis 1	Sat	10:00 - 12:30	Weekly	Chris Lee	608 143 022	chrisleeinspain@gmail.com	Bougainvillea Centre. Calle Pulpo.
Table Tennis 2	Tue	14:00 - 16:00	Weekly				
Table Tennis 3	Thu	14:00 - 16:00	Weekly	Daryl Buckman	622 578 227	dazzabuckman@gmail.com	
Ukulele for Fun	Mon	14:00 - 16:00	Weekly	Lily Mars	(use email)	lilyplaystheuke@gmail.com	
Writers Circle	Thu	14:30 - 16:30	Fortnightly	Raymond Brown	(use email)	raymondbrown600@gmail.com	Aidan's Irish Bar, Fuengirola
Yoga	Tue	11:00 - 12:00	Weekly	Dee Board	693 802 521	deeboard50@yahoo.com	St Andrew's Church. Ave. Nuestro Padre Jesus Cautivo 44

PLEASE CONTACT THE GROUP LEADER FOR FURTHER INFORMATION (Activities are up to date as at going to press). Also check out our Website